

# Is this program right for me?

Have you ever woken up feeling depressed, isolated or confused, not knowing who to talk to or how you will get through the day? Have you woken up feeling hungover, not knowing where you are, how you got there, or what you did last night?

Are you experiencing dramatic changes in your sleeping habits, appetite or mood? Do you have difficulty thinking or functioning at work or home? Do you feel disconnected, anxious or nervous? Are you struggling with substance use?

If these are some of the challenges that you are facing today are you willing to make some changes and receive help?

Let the Transition House Program help you.

Transition House 542 North Main Street Fall River, MA 02720 508-674-2788 x 118



#### Leader in Behavioral Health and Homeless Services

### Fall River Men's Residential Rehabilitation Service (RRS) Program

466 North Main St., Fall River, MA 02720 508-617-4436

#### **Transition House**

542 North Main St., Fall River, MA 02720 508-674-2788 x 118

## Fall River Women's RRS Program

522 North Main St., Fall River, MA 02720 508-674-2788 x 101

## **New Bedford Women's RRS Program**

979 Pleasant St., New Bedford, MA 02740 508-984-1880

### **Outpatient Clinic**

279 North Main St., Fall River, MA 02720 508-679-0033

# William B. Webster Graduate Program

506 North Main St., Fall River, MA 02720 508-674-2788 women x 101, men x 202

## **New Bedford Graduate Program**

977 Pleasant St., New Bedford, MA 02740 508-984-1880

## **Next Step Home**

506 North Main St., Fall River, MA 02720 508-674-2788 x 113

## First Step Inn Shelter

134 Durfee St., Fall River, MA 02720 508-679-8001

#### **Stone Residence**

177 North Main St., Fall River, MA 02720 508-675-4159

#### Welcome Home

5 Dover St., Ste 207, New Bedford, MA 02740 508-984-7514

#### **Home First**

506 North Main St., Fall River, MA 02720 508-674-2788 x 117

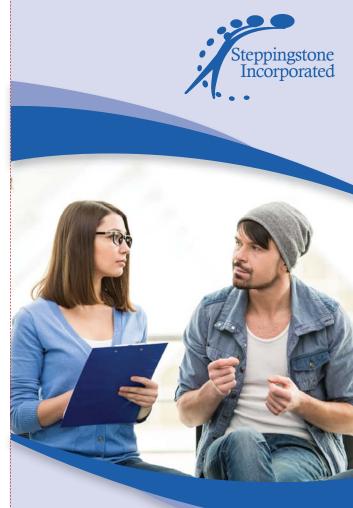
www.steppingstoneinc.org www.fb.me/stepstoneincorp











# **Transition House**

A Men's Co-Occurring **Enhanced Residential** Rehabilitation Service Program

Serving Males with Mental Health Disorders and Co-Occurring Disorders in the Commonwealth of Massachusetts



# What can I expect if I participate in the program?

The Transition House Program provides 16 beds to men with a mental health disorder and co-occurring substance use disorder. The Program is located in a three-story building providing a comfortable, safe, home-like environment.

Residents participate in the program as long as needed as they work on developing recovery skills and support systems. Men are also assisted with obtaining employment, entitlements, parenting skills, living and coping skills as well as finding appropriate housing.

These skills, services, and supports empower men so they successfully transition into the community and experience long-term recovery and an improved quality of life.

I feel better prepared for challenges

in my life. My counselor has helped me work through
some difficult issues and to build my recovery. I truly feel like I am
transitioning to a better place in my life ~ Sam

# Who is eligible?

You must be 18 years of age or older, living in Massachusetts and medically stable.

# How do I apply?

Self-referrals are accepted, as well as referrals from social service agencies, addiction centers, and other providers. To receive an initial screening, call 508 674-2788 ext 118. If criteria are met, an intake assessment is conducted onsite. Upon acceptance you will be placed on a waiting list and required to contact the program weekly with your continued interest in the program.

The Transition House Program is funded by Massachusetts Behavioral Health Partnership, TUFTS, BMC, Optum, CCA and the Massachusetts Department of Public Health Bureau of Substance Abuse Services. No one is denied admission due to lack of insurance or ability to pay.



# What services are offered?

Individual, group and family counseling

Substance use and psychiatric treatment including medication management

Comprehensive care coordination services

Comprehensive educational components related to all aspects of recovery

Referral to employment development agencies

Employment readiness education

12-Step meetings and other AA/NA recovery related activities

Trauma informed care

Structured recreational activities

Referrals to community-based collateral services, educational opportunities, medical care, domestic violence support and other forms of assistance.

Housing placement assistance

Referrals to medication-assisted treatment (MAT)

Discharge and aftercare planning